

Brockworth Children & Family Centre Timetable

September – December 2026



Monday

Development Checks
(Appt Only)
8.30am—4.00pm

Stay & Play
0-5yrs
10.00am—11.30am
(Term time only)
Starts back on 14th Sept

Togetherness Parenting Course
10 wk Course to support
understanding your child's
behaviour and parent child
relationships

Course running at Gardners Lane
Children and Family Centre
30th September - 9th December

Please book a space via Eventbrite



Tuesday

**Speech & Language
Therapy clinic**
(Appt Only)
8.30am—16.30pm

NEW

**Coffee, Chat & Connect
Parent Drop-In Session**
8.45am—10.15am
3rd Tues of the month

Children under 5 welcome

Targeted Family Time
(Invite Only)
10.00am—11.30am

**Health Visitors
Antenatal Class**
(Invite Only)
10.00 am—12.00pm
1st Tuesday of the
month

**Shine PND Creative
Therapy Group**
(Invite only)
12.15pm—2.15pm
Term Time only

Wednesday

**Speech & Language
Therapy Clinic**
(Appt Only)
8.30am—4.30pm

Baby Hub Stay & Weigh
9:00am—11:00am

Weaning Hub
(Appt Only)
1st Wednesday of the
month
1.00pm—2.30pm

**Oscars Reading Corner
Family Story Time**
0-8yrs
30th October
1.30pm-2.30pm
Booking Required

**Brockworth Rocks
(Drop In)**
15:15pm - 16:30pm
30th September

Thursday

Development Checks
(Appt Only)
8.30am—4.00pm

Midwives Clinic
(Appt Only)
8.30am –12:30pm

Little Wonders Stay & Play
For families of children with
disabilities
1:00pm-2:30pm
(Term Time Only)

**Aspire Workshops
Managing Emotions
Workshop**

Fri 13th November
09:30-11:30am
Gardners Lane Children and
Family Centre
Booking required



Friday

Midwives Clinic
(Appt Only)
8.30am –4.00pm

NEW

Parent/Carer Book Group
(For parents of 3-6yr olds)

13:30-15:00pm
Monthly
25/9, 23/10, 27/11, 18/12
Booking via Eventbrite

**Shine PND
Drop in**
10.30am—12:00pm

Sunday

Dad Matters
Stay & Play 0-5yrs
Monthly
Check out Dad Matters
Facebook page for more
details
<https://www.facebook.com/DMGloucestershire>



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01452 863617

brockworth@aspirefoundation.org.uk

Visit our website for more information
on whats on.
www.aspirefoundation.org.uk



Are you part of our online community?

[Aspire Foundation](#) [Brockworth Children and Family Centre](#)

Stay & Play



Stay and play sessions are for parents/carers and their children 0-5 yrs.

Our groups will give you the chance to engage with your child through play with a range of activities that will promote your child's development. Staff will be on hand to give advice and support. Come along and meet new people and make friends.

Shine Drop In sessions



Shine Drop-ins are a low pressure environment for mums who are struggling with their emotional wellbeing. Mums can enjoy refreshments and a mindful craft while their babies and toddlers play. A peer support worker is on hand for any mums who want to chat.
www.shine-support.org



Baby Hub Stay and Weigh

Come and get your baby weighed & seek health advice. You have the opportunity to stay to interact with other parents and engage in play activities with your child/ren on 1st and 3rd Weds of month, where Community Family Workers will also be around to offer support and advice around parenting and raising your family.

Aspire Workshops



Managing Emotions Workshop
Children can often express their emotions in many different ways. We welcome you to join us for this interactive workshop to increase your understanding of the importance of managing emotions. Gain advice, helpful tips and strategies to support in regulating your child's emotions. Aimed at parents with children under 11.



Midwife Appointments

Attend your routine midwife appointment here



Speech and Language Appointments

Attend your Speech and Language appointment here, which will help your child's speech and communication



Development Checks

Attend Health Visitor routine development checks here by appointment for your child at 9mths and 2yrs



Health Visitors

Antenatal Classes

Come along and meet the teams that will support you through your pregnancy and birth



Weaning Hub Invite Only

Join the Health Visitors for an introduction to solid food.



Shine PND creative Therapy groups

Invite only

Our courses offer creative therapy, support and advice in a safe, child-free space for you to work through worries and concerns, while gently creating a piece of art that you can be proud of. Mothers spend time once a week, with other mothers in the same situation, going through the same things, creating, talking, sharing.
www.shine-support.org

NEW!

Coffee, Chat & Connect

Drop- In Session

8.45am - 10.30am

3rd Tues of the month

A relaxed drop in where you can come and connect with other parents. Maybe you are at a loose end now the children are at nursery or don't know anyone in your local area or you just need some space and time to breathe or seek advice. Pop in for a coffee/cuppa and find out more of what's available in your local area



Family Story Time Sessions

A themed interactive story session with a craft activity too. £1 per child
Booking required



Parents/Carers Book Group

(For parents of children 3-6yrs)

Monthly on the following dates

25th Sept, 23rd Oct, 27th Nov, 18th Dec

Would you like to enjoy more stories and reading together at home? Join Cheltenham Festivals for our free, friendly Family book group. The group will meet monthly and each month you'll receive a free children's book to keep, discover fun and practical ways to share stories, and take home simple activities to enjoy together.

The sessions are relaxed, interactive and designed to help you feel more confident sharing books with your child. All reading abilities are welcome.

Booking required



TOGETHERNESS

Bringing the Solihull Approach to the world

Togetherness courses

Face 2 face

10 wk Course to support understanding your child's behaviour

and parent child relationship

Booking required

Online

As a Gloucestershire Parent you have access to 16 different online courses & resources to support your parenting for FREE! See if there is something for you.

<https://togetherness.co.uk/mul/gloucestershire/>



Dad Matters Stay & Play



Stay & Play offers a great safe space for dads to bring their little ones 0-5yrs! Grab a tea or a coffee and have a good chat with other dads while the little ones play, with toys, crafts, and much more. Giving dads not only quality time to bond with their children but also to meet other dads in their area.

Booking required -
<https://dadmatters.org.uk/gloucestershire>



Little Wonders Stay and Play



Little Wonders is a small welcoming parent-led stay & play session for babies and toddlers. The group has been created with families of children with disabilities, medical needs or developmental differences, and for those who may have had a difficult start in life in mind. No diagnosis is needed. Siblings welcome.

Noahs Ark Children & Family Centre Timetable

September – December 2026



Monday

Development Checks
(Appt Only)
08.30am—4.00pm

NEW

Parent/Carer Book Group
(Parents of 3-6 year olds)

09:30-11:00am

Monthly

21/9, 19/10, 23/11, 14/12

Booking via Eventbrite

Targeted Family Time
(Invite Only)
1.00pm—2.30pm

Tuesday

Midwives Clinic
(Appt Only)
09.00am –4.00pm

Perinatal Pelvic Health Team
(Appt Only)
Last Tuesday of month
2.30pm—4.30pm

Aspire Workshops

Managing Emotions Workshop
Fri 13th November
09:30-11:30am
Gardners Lane Children and Family Centre
Booking required



Wednesday

Development Checks
(Appt Only)
08.30am—4.00pm

Baby Hub Stay & Weigh
10:00-11.30am

Health Visitors Antenatal
(Invite Only)
1:00pm - 3:00pm
3rd Weds of month

NEW

Coffee, Chat & Connect Parent Drop-In Session
1.30pm - 3:00pm
Children under 5 welcome
Starting 9th September

Togetherness Parenting Course

10 wk Course to support understanding your child's behaviour and parent child relationships
Course running at Gardners Lane Children and Family Centre
30th September - 9th December
Please book a space via Eventbrite

Thursday

CCP - Stay & Play
0-5yrs
10:00am—11.30am

Baby Hub Stay & Weigh
Bishops Cleeve Library
12.30pm—2:00pm

Weaning Hub
(Invite Only)
1.00-2.00pm
1st Thursday of the month

School Nurse Parent Workshop
26th November
09.30-11.30 + 12.30-14.30

Friday

Midwives Clinic
(Appt Only)
09.00am –4.00pm

Parent Carer Forum SEND—Stay & Play 0-5yrs
Parent Carer Forum
10:00am - 11.30am
4th Friday of the Month

Oscars Reading Corner Family Story Time
0-8yrs
4th December
1.30pm-2.30pm
Booking Required



Targeted Family Time



(invite only)

This session is aimed at parent/carers of children 0-5 yrs who need a smaller group to build confidence, get support and have the opportunity to play and interact with their children with a range of activities to meet their developmental needs. You may find other groups overwhelming or need more support this is the group for you

Please speak to any children centre staff regarding the referral form.



CCP Stay & Play

Stay and play sessions are for parents/carers and their children 0-5 yrs. Our groups will give you the chance to engage with your child through play with a range of activities that will promote your child's development. Staff will be on hand to give advice and support. Come along and meet new people and make friends.



Baby Hub Stay & Weigh

Come and get your baby weighed & seek health advice. You have the opportunity to stay to interact with other parents and engage in play activities with your child/ren on 2nd & 4th Weds of month, where Community Family Workers will also be around to offer support and advice around parenting and raising your family.

Aspire Workshops Managing Emotions workshop



Managing Emotions Workshop
Children can often express their emotions in many different ways.
We welcome you to join us for this interactive workshop to increase your understanding of the importance of managing emotions. Gain advice, helpful tips and strategies to support in regulating your child's emotions. Aimed at parents with children under 11.



Midwife Appointments

Attend your routine midwife appointment here



Stay and Play for Children with Additional Needs 4th Friday of the month

We welcome any parent and their child 0-5yrs who may or may not have a diagnosed additional need or disability. Come along to a more sensory session and meet other parents who may be going or been through the same journey as you.



Togetherness courses

Face 2 face

10 wk Course to support understanding your child's behaviour and parent child relationship
Book via Eventbrite



Online

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Family Story Time Sessions

A themed interactive story session with a craft activity too.
£1 per child
Booking required



Development Checks

Attend Health Visitor routine development checks here by appointment your child at 9mths and 2yrs



NEW!

Parents/Carers Book Group
(For parents of children 3-6yrs)
Monthly on the following dates
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Would you like to enjoy more stories and reading together at home? Join Cheltenham Festivals for our free, friendly Family book group. The group will meet monthly and each month you'll receive a free children's book to keep, discover fun and practical ways to share stories, and take home simple activities to enjoy together. The sessions are relaxed, interactive and designed to help you feel more confident sharing books with your child.
All reading abilities are welcome.

Book required



NEW!

Coffee, Chat & Connect Parent Drop In Session



1.30pm - 3.00pm

A relaxed drop in where you can come and connect with other parents. Maybe you are at a loose end now the children are at nursery or don't know anyone in your local area or you just need some space and time to breathe or seek advice. Pop in for a coffee/cuppa and find out more of what's available in your local area



Weaning Hub Invite Only

Join the Health Visitors for an introduction to solid food.



Health Visitors Antenatal Class

Come along and meet the teams that will support you through your pregnancy and birth



Perinatal Pelvic Health Team

Attend your appointment or group with the Perinatal health team here.